

The Conversion of the Scholar Lotön Gendun

I prostrate to the gurus.

Lotön, and everyone gathered here, listen:

Do you understand what appearances are?

If you don't understand what appearances are,

Appearances appear as anything.

If you don't realize it, then that's samsara.

For those who realize it, they appear as dharmakaya.

When appearances dawn as dharmakaya,

There's no need to search for any other view.

Do you understand the method for resting the mind?

If you don't understand the method for resting the mind,

Not allowing mind itself to move about,

Do not contrive with your own mind.

Rest in your own nature, like a small child.

Rest like an ocean free of waves.

Rest in clarity like a candle flame.

Rest without pride like a human corpse.

Rest without movement, like a mountain.

Mind itself has no imputations.

Do you understand the way experiences dawn?

If you don't understand the way experiences dawn,

The sun's energy clears away darkness;

Concepts don't need to be abandoned for something else.

Without any base, they dawn like a dream.

Without any fixation, they dawn like water-moons.

With nothing substantial, they dawn like rainbows.

Without any bias, they dawn like space.

Do you understand the antidote for bad experiences?
If you don't understand the antidote for bad experiences,
Though winds may be strong, their nature is space.
Though waves may be big, their nature is the ocean.
Though southern clouds may be thick, their nature is the sky.
Though the mind's thoughts proliferate, their nature is unborn.
For engaging in balanced awareness,
Consider the key instruction of consciousness riding the prana.
When the thief of concepts begins to come,
Consider the key instruction for recognizing the thief.
When your mind is distracted toward outer objects,
Consider the key instruction of the crow flying from a ship.

Do you understand the method for engaging in conduct?
If you don't understand the method for engaging in conduct,
You should engage like a great majestically poised lion.
Engage like a lotus that grows from the mud.
Engage like a crazy elephant. Engage like wiping a crystal ball.

Do you understand the way that the fruition will dawn?
If you don't understand how the fruition will dawn,
From nonthought comes the dharmakaya.
From bliss itself comes the sambhogakaya.
From clarity comes the nirmanakaya.
The innate state is the svabhavikakaya.
I am an expert in the four kayas I do not move from the dharmadhatu.
View, meditation, and experience, these three,
With the antidote, conduct, and fruition, make six.
A yogi takes these up when experiences dawn;
You too should practice accordingly.