

There are signs of accomplishment, such as having good health and long life or becoming famous and influential, but these belong to the superficial type of accomplishment. The true, unmistakable signs of accomplishment as established by the masters of the lineage, are to possess compassion, devotion and an acute sense of impermanence.

from the book Rainbow Painting

No matter what you do, no matter what situation you are in — whether walking, sitting, eating or lying down — always suspend your attention within the nature of nondual awareness. That's it!

Tulku Urgyen Rinpoche - As It Is, Vol. 1

The true sign of practice is that you are naturally and effortlessly without fixation. Also, that you are endowed with devotion, compassion and pure perception, just like the sky is filled with the warmth of sunlight.

Tulku Urgyen

Making mistake after mistake, I walk on the authentic path,
Confused and confused, I search for the unconfused nature,
Forgetting and forgetting, I rely on unforgetting mindfulness,
Forgetting and forgetting, I rely on unforgetting mindfulness.

Khenpo Tsultrim Gyamtso